Greetings, Fellow District 2-X1 Lions!

November is Diabetes Awareness Month, and the Dallas Founder Lions Club is connecting one of Lions International's global causes to our upcoming program!

On **Friday, November 20**, we're welcoming **Eli Lipson**, a personal trainer at Texas Health Finley Ewing Cardiovascular & Fitness Center of Dallas, for **"Fitness for Life,"** a conversation about staying active, healthy and strong.

Diabetes awareness and prevention are central to Lions International's mission. Through initiatives like *Strides for Diabetes Awareness*, Lions encourage physical activity and healthier living. It's a timely topic, and **we'd love to welcome fellow Lions from across District 2-X1!**

A little Dallas history while you're here!

Our meetings are held on the beautiful seventh floor of the J. Erik Jonsson Central Library, home to two extraordinary historical treasures:

- **1776 Declaration of Independence:** An original Dunlap broadside, one of approximately 25 surviving copies and the only one permanently located west of the Mississippi River.
- **1623 Shakespeare First Folio:** An original first collected edition of Shakespeare's plays, preserving 18 works that might otherwise have been lost.

Both are on permanent display on the same floor where we meet. It's a wonderful opportunity to see these remarkable pieces of history while you're visiting!

Meeting details

Friday, November 20, 2026

11:45 a.m. – Networking and fellowship
Noon – Meeting and program

O'Hara Hall, 7th Floor
J. Erik Jonsson Central Library
1515 Young Street, Dallas

Free parking: Enter the underground garage behind the library at **1541 Wood Street, Dallas**. The garage elevator takes you directly to the seventh floor.

Lunch is optional ($15). Please order by 5 p.m. Thursday, November 19.

Order lunch: https://form.jotform.com/250243677495162

Whether you come for the program, the fellowship or a chance to explore a little Dallas history, we'd love to welcome you to the Dallas Founder Lions Club!

We hope to see many of our fellow District 2-X1 Lions on November 20!

Jeff Strater
President, Dallas Founder Lions Club

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