

REPORT FROM DIABETES AWARENESS CHAIR

Reported by: Lion Gloria Mathur

Mar. 21, 2026 (4th Cabinet meeting)

Chair Report

Chair to Continue presenting Diabetes Awareness Education to Lions Clubs when requested .

DAWN (Diabetes, Awareness & Wellness Now)

DFLC received 2024-2025 Kindness Matters Service Award by the Lions Clubs International . The award was for the DAWN project which Lion Gloria initiated and coordinated with a grant from LCIF. LCI selected DFCL as one of the recipients among 27 lions clubs and 3 leo clubs world wide out of 49,000 clubs in 200 countries. This award is given to a handful of clubs for their exceptionally innovative and impactful service projects that create a lasting impact in their communities.

Diabetes , health screenings (DAWN project) was held last Feb. 21st at Vickery Meadows . The event was in collaboration with UTSW Med. Center, Albertson's/Tom Thumb Pharmacies. . Featured in this event include A1c test, Kidney function test, BP check, BMI check , vision screening, and Flu vaccinations. Total of 212 screenings including 22 vision screenings & 22 flu vaccinations.

DFLC collaborated with the Veggie Project (Farmers Market) and distributed a bagful of fresh farm produce to those screened.

This project is continuing due to the demands of the community with funding from District charities and other sources. For the LY 2025-2026, we have again scheduled to have 5 screenings to start in November 2025 – July 2026

Feed the Hungry Project –Feb. 25, 2026 , DFCL sponsored lunch and served 350 people at the Austin Homeless Shelter.

Virtual diabetes stride – Virtual diabetes stride – with MD2 –“ Striding for Healthy Living. MD-2 contest winners were recognized at the COG meeting in Kerrville.

Clubs participating - Garland Evening, Dallas Founder and Dallas Filipino Lions Clubs.

Most miles Walk (individual) – Rajnish Karan (DFCL);114 miles runner up –

Most miles run – (individual) – Nia MacKay (Dallas Founder); runner up – Mickey MacKay (Dallas Founder)

Most miles aerobic (individual) – Meena Vyas (DFCL)

Most miles Dance /ice skating – (individual) – Anisa MacKay (Dallas Founder LC) runner-up

The Diabetes Wellness and Beyond Webinar Series is a free monthly webinar widely participated and viewed by [Lions worldwide](#) .. The webinars are not only focused on Diabetes but also around the global areas of need, (ie. Diabetes, vision, hunger, childhood

cancer, environment) including youth, disaster and “Beyond” encompasses, humanitarianism, volunteerism and lionism.

We will have webinars every other month and will be including 2 podcast for this Lion Year. These free webinars are posted on the MD2 website and posted on the website of LCI.

Please visit MD2 webpage for updates and upcoming events

<https://texaslions.org/diabetes/>

Upcoming webinar:

Wednesday Jan. 28, 2026 – 12noon-1:00pm CST

Title : The Link Between Obesity and Diabetes

Feb. 26, 2026 – Title – The Silent Crisis : Why Environment Matters

Podcast launched : Podcast Title : NEW HORIZONS : Updates on LIONS INITIATIVES

Date : March 28, 2026 Saturday 11:00am – 12:00pm

Topic : The State of Diabetes

Reported by : Gloria Mathur - District 2X1 Chair Diabetes Awareness 3-19-2026