

## **REPORT FROM DIABETES AWARENESS CHAIR**

**Reported by: Lion Gloria Mathur**

**Oct. 13, 2025 (2nd Cabinet meeting )**

### **Chair Report**

Chair to Continue presenting Diabetes Awareness Education to Lions Clubs when requested .

**Virtual diabetes stride** – Again, , We will be doing Diabetes Stride with MD-2 “ Striding for Healthy Living “. The stride is open to all clubs in the district as a contest, beginning Nov. 1<sup>st</sup> till Dec. 31<sup>st</sup> for 2 months . It’s a virtual Stride “On your Own “ ie at your own pace, place, in observance of World Diabetes Day ( Nov. 14 ) and Diabetes Awareness months. Instruction/information to join the stride will be in the flyer which will be posted on District website.

**DAWN ( Diabetes, Awareness & Wellness Now )** – The last DAWN event was held On June. 15 , 2025 at Georgia Farrow Rec. Center in Irving. This event was in collaboration with UTSW Med. Center. A total of 1,147 screenings were done . Elevated A1C -71, elevated CKD -28, elevated BP – 44. This project is continuing due to the demands of the community with funding from District charities and other sources. For the LY 2025-2026, we have again scheduled to have 5 screenings to start in November together with Diabetes EXPO and Community Health & Wellness fair , Nov. 15 .

**The Diabetes Wellness and Beyond Webinar Series** is a free monthly webinar widely participated and viewed by Lions worldwide .. The webinars are not only focused on Diabetes but also around the 5 global areas of need, (ie. Diabetes, vision hunger, childhood cancer, environment) including youth, disaster and “Beyond” encompasses, humanitarianism, volunteerism and lionism. We will have webinars every other month and will be including 2 podcast for this Lion Year. These free webinars are posted on the MD2 website and posted on the website of LCI.

**Please visit MD2 webpage for updates and upcoming events**

<https://texaslions.org/diabetes/>

**Upcoming webinar:**

**Thursday, Nov. 13, 2025 – 12noon-1:00pm CST**

**Title : The Link Between Obesity and Diabetes**

**Podcast launched : Podcast Title : NEW HORIZONS : LIONS INITIATIVE**

**Date : December 11, 2025 Thursday 12:00- 1:00 CST**

**Topic : The State of Diabetes**

Reported by : Gloria Mathur - District 2X1 Chair Diabetes Awareness Oct. 13, 2025

