



LIONS DISTRICT 2-X1



2025- 2026 LOFY Drug Awareness Speech Contest Rules

1. Speech Subject “ The Impact of Weight Lost Drugs On Adolescents”

Weight loss is becoming more prevalent among adolescents. This topic asks you to weigh the benefits as well as the risks of prescription drugs for adolescents. Specifically examine the potential benefits of medications like GLP agonistics (Liraglutide and Semilattices) in treating obesity in adolescents. Discuss the potential risks and side effects including gastrointestinal issues, gallbladder disease increased risks of fracture, and pancreatitis. Analyze the long-term impact of these drugs on adolescent growth development, bone density and muscle mass. Debate whether weight loss is always the safest way or most effective method of promoting adolescent health.

2. Contest Rules

1. The title of the Contestant's speech is not required to be the same as the subject for the speech. Contestants should be creative in the selection of a speech title and set the tone for their presentation with the title they choose.
2. The presentation should analyze the problem given in the subject and present a solution or solutions to the problem.
3. Research for this topic can be conducted by interviewing school officials, teachers, judges, law enforcement personnel, probation personnel, counselors, juvenile court officials, legislators, medical personnel and by using the internet and the library.
4. The topic is broad and allows the contestant considerable leeway in the selection of their solution or solutions.
5. Sources of data and quotes should be identified by title, author, and date published (year if known).
6. Creative, innovative, practical, and reasonable ideas are welcome.
7. The speech will be from five (5) to seven (7) minutes in length and **be consistent with the written essay submitted for the contest.**
 - i. A monitor will signal contestants at five (5) minutes and at six and one half (6.5) minutes.
 - ii. At seven (7) minutes, the monitor will signal, and five (5) points will be deducted from the contestant's score if speech is beyond seven (7) minutes.
 - iii. A speech of less than five (5) or more than seven and a half (7.5) minutes will be disqualified.
 - iv. Should a disturbance occur during a speech, the contest monitor will adjust the time accordingly.
8. Notes, and cue cards may ***not*** be used at District or MD-2 State contests. Prerecorded speeches are not allowed for online contest.
9. All contests will be conducted in English language.
10. Judges should be knowledgeable of the subject.
11. Order of appearance before Judging panel will be determined in advance at the direction of the District LOFY Chair.

3. Awards

1. Certificate and scholarship award will be given to 1st place and 2nd Place winners.
2. When there's only one contestant, no monetary award will be given, however, contestant will be eligible to advance to MD-2 State level contest.
3. To collect the scholarship award, the Contestant must complete the following process:
 - i. Contestant winner or runner-up must complete the **Scholarship Request Form** available on our District's [website \(https://lionsdistrict2x1.org/forms/\)](https://lionsdistrict2x1.org/forms/) along with **proof of registration** information from a university, college, junior college, or vocational school.
 - ii. The information should be sent along with any supplemental information needed by the institution (i.e., scholarship forms, etc). Send request for payment to:

2-X1 District Charity Inc
Treasurer
PDG Keith Murray
8251 Ranchview Dr. #3096
Irving, TX 75063

4. Scholarship award will be **paid directly to the designated scholarship/financial aid/bursar office** of the designated school.
5. The scholarship award must be collected no later than two years following the recipient's graduation from High School.

4. Rules of Eligibility for Contestant

1. Contestant **must** be sponsored by a Lion Club from District 2-X1.
2. A Club may sponsor only **one contestant for every contest** by submitting contest entry application, associated documents, and the entry fee to the District Contest Chair.
3. Contestant **must** be junior or senior high school.
4. Contestant **must** be or have been a regularly enrolled student in a public school or comparable educational program located in Texas.
5. A false statement on the entry application or associated document, or violation of contest rules causes **disqualification** with the entry fee being forfeited.
6. There shall be **no refund** on any entry fee.
7. A contestant can apply for multiple contests at both District and State MD-2 level.

5. Responsibility of Contestant

- a. Each Contestant **shall be required to submit to the sponsoring Lions Club** all in the application packet:
 - i. Completed **District 2-X1 LOFY Contest Application** form which can be found on District's [website https://lionsdistrict2x1.org/forms/](https://lionsdistrict2x1.org/forms/).
 - ii. Four (4) copies of typed, double-spaced written speech for judging, publications and contest promotion purposes.
 - iii. Two (2) high quality, passport/wallet size, glossy, color, photographs (such as current school picture.)
 - iv. Signed **Contestant's Code of Conduct***form.
 - v. Signed **Chaperone Guidelines*** form.
 - vi. Signed **Medical Power of Attorney** form designating contestant's Chaperone as Primary Responsible Party.

These forms are available at the MD-2 website at <https://texaslions.org/drug-awareness-contest/>.

- b. **Fail** to send **ALL** items above will result in ***disqualification***.
- c. All contestants must be able to participate in this contest using **online live audio and video** communication via **Zoom on Saturday, April 4, 2026 starting at 9 AM.**
- d. Prior to the Contest, contestants, parents, and Sponsoring Club will be provided with additional instruction for the online contests to be used by the Contest Chair on **Saturday, April 4, 2026**
- e. **Basic guidelines for virtual contest:**
 - i. Contestants must have computer or access to a computer with a wi-fi connection, video capability (webcam) and microphone to ensure that contestant's gestures and facial expression will be captured by their camera and their voice will be clearly captured by the microphone while delivering their essay or speech.
 - ii. Contestants will be sent an email invitation by Contest Chair to participate in the contest and be ready at their designated time.
 - iii. Contestants must wear business attire for the online contest.
 - iv. Contestants' speaking area:
 - (a) Must be free of distraction, noise and if necessary, the Contest Chair will advise contestants on additional lighting needs.
 - (b) Should allow for maximum view of contestant without sacrificing audio quality while presenting their essay or speech.
 - v. Once contestant presents their essay or speech, they will be placed in the waiting room until the conclusion of the contest.
 - vi. If technology fails during the contest and the Contest Chair determines that the contest can no longer continue, the Contest Chair may pause the contest until the technology issue is resolved. A contestant may resume their essay or speech at the point at which the technology failed.
 - vii. After the conclusion of the contest and the results have been determined, all contestants will be admitted to rejoin the online contest room, at which time the winners will be announced by the Contest Chair.
 - viii. All contestants will be recognized and receive certificate of participation. In addition to scholarship awards, 1st and 2nd winners will receive an award winner certificates.
 - ix. Contestant who win 1st Place maybe ask to present his or her essay on speech **in person** at **District 2-X1 Convention on Saturday, April 25, 2026** and will advance to MD-2 State level contest.
 - x. If the 1st placed winner contestant is unable to participate in the MD-2 Contest, District 2-X1 LOFY Chair-with MD-2 State OFY Contest Chairman approval, will advance the 2nd Place winner to MD-2 Contest instead.
 - xi. Contestant who will advance to MD-2 State Contest (as stated in items ix and x above) will be contacted by MD-2 Contest Coordinator regarding detail information for:
 - i. **Virtual MD-2 Contest Orientation on Saturday, May 9, 2026**
 - ii. **Virtual MD-2 State OFY Contest on Saturday, May 16, 2026.**
 - xii. Contestant who win 1st Place at State Contest level **must** agree to attend MD-2 **Opportunity for Youth Luncheon, Saturday, May 30, 2026 in Odessa, TX**

and participate in Lions of Texas MD-2 events and activities during the period immediately after the contest until the end of the following year's contest. If this contestant is **unable to attend**, unless there is a **medical or family emergency**, the State Convention will **forfeit** their scholarship award. High school graduation or any school trip do not qualify as an emergency.

6. Responsibility of the Sponsoring Club (President or Secretary)

- a. Where do we find contestant(s)?
 - Family, friends or colleague who live on the same area/state.
 - School principals, counselors, and/or Science and English teachers.
 - Youth Groups and Youth Programs (Leo Club, YMCA, Boy or Girl Scouts, etc.).
- b.** An entry fee of **\$100 per contestant** to be attached to each participant's application packet, payable to '**2-X1 Charities Inc.**'

Sponsoring Club must ensure all documents listed above (application packet, see **5.a.i. to 5.a.vi.**) are completed for each contestant, have all requirement signatures and are sent to the Contest Chair listed in this Contest Rules. **Deadline (postmark) will be Monday, April 20, 2026**

- c. Complete the "**Contestant Checklist**" (check mark all the boxes) and place it on top of the completed application packet. The form is available on District's [website https://lionsdistrict2x1.org/forms/](https://lionsdistrict2x1.org/forms/).
- d. At the State level contest, chaperon/sponsoring Club **must** comply with requirements as set forth in the MD-2 Lions of Texas OFY Contest's Chaperone Guidelines as stated on MD-2 [website https://texaslions.org/outstanding-youth-award/](https://texaslions.org/outstanding-youth-award/)

7. Important Dates

- Saturday., March 7, 2026 - Submission deadline post mark for the speech contestant.
- Saturday., March 15, 2025 - Contestant acceptance and additional instruction (Zoom Link).
- Sat., April 4, 2026 - Speech Judging via Zoom starting at 9 AM and winner announcement.
- Sat. April 25, 2026 - District Convention (1st pl. winners maybe be asked to present)
- MD-2 Orientation: Saturday, May 9, 2026 - Via Zoom
- MD-2 Contest: Saturday, May 16, 2026 - Via Zoom

Awards Luncheon: May 30, 2026 - Odessa, Texas

Lions District 2-X1 LOFY and Drug Awareness Speech Contest Chair:

Lion Karen Murray

(979) 255-8858

gizmo_747@yahoo.com

Submit completed application packet (**5.a.i. to 5.a.vi. and 6.d.**) and contest application fee (check payable to '**2X1 Charities Inc.**') to the address above.

