

Monday, October 6th 2:00 PM – 2:45 PM

Alice Zaccarello, Executive Director

Well Community

One Organizations Approach to Helping Those with Mental Illness

Adults who struggle with severe and chronic mental illnesses are thirsty for acceptance, support and meaningful relationships. Well Community restores hope and dignity through life-skills training, friendships and the power of faith. For those who live with stigma and isolation, the Well provides a place to belong. <https://wellcommunity.org/>

Join [here](#) or Zoom link:

One Organizations Approach to Helping Those with Mental Illness

Thursday, October 9th 5:30-8:00 PM

Hands on Lions Volunteer opportunity:

Provide food and serving and clean up at Thursday Night Life Worship

Need: 15-20 volunteers and \$250 for food

The Well provides a worship service and food for about 60 people. It is a wonderful experience to serve those who, by no fault of their own, live with severe mental illness that has left them in poverty. Everyone served is food insecure. For many, this meal is their only meal of the day.

Your club service can be in the form of a donation or by volunteering your time.

Click [here](#) or scan this QR code to volunteer:

Or, donate by notifying Christy at cradlehouse@gmail.com

**RSVP for donating or volunteering by Monday,
October 6 at 12:00 PM.**

**Thank you for participating in mental health and
week-being week! We need you!**

Lion Christy Householter, GST