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## *Insights Unveiled: Exploring the World Within Our Newsletter*

### **Volunteering During Diwali: Spreading Light Beyond Our Homes**

Diwali, the festival of lights, is a time of joy, family gatherings, and celebrations. But as we indulge in these festivities, it is essential to remember the broader spirit of the festival: spreading light, hope, and positivity. Volunteering during Diwali offers a unique way to celebrate the festival's true essence by reaching out to those in need and sharing the joy beyond our immediate circles.

During Diwali, many people face challenges, including the elderly, the homeless, and those in hospitals or orphanages who might not have loved ones to celebrate with. Volunteering offers a chance to bring light into their lives. Simple acts like distributing sweets, decorating public spaces, or spending time with those who are alone can make a significant impact. Initiatives to distribute warm clothing, blankets, and food also provide comfort as winter approaches.

In addition, environmental volunteering is crucial during Diwali. Air and noise pollution from firecrackers can harm wildlife and the environment. Volunteering for clean-up drives and spreading awareness about eco-friendly celebrations is a meaningful way to honor the festival while protecting our planet. Volunteering this Diwali not only brings joy to others but also enriches our own lives. The act of giving fosters a sense of community, empathy, and shared happiness. This Diwali, let's celebrate by illuminating lives beyond our homes, creating a festival of togetherness that truly embodies the spirit of Diwali..-Editorial Board

### **2024-2025 District 2-X1 Cabinet Officers**

**District Governor**  
**Radha K Kaphle**  
 469-265-6559  
[rkkafl@yahoo.com](mailto:rkkafl@yahoo.com)

**Past District Governor**  
**Prakash Gautam**  
 972-533-4801  
[pagu@hotmail.com](mailto:pagu@hotmail.com)

**1st Vice District Governor**  
**Kedar Timalsina**  
 214-415-7322  
[kedar1234@gmail.com](mailto:kedar1234@gmail.com)

**2VDG Gary Vineyard**  
[gary\\_vineyard@hotmail.com](mailto:gary_vineyard@hotmail.com)

**Cabinet Secretary**  
**Tami Kraus**  
 214.642.5756  
[tamijkraus@verizon.com](mailto:tamijkraus@verizon.com)

**PCT Danny Fletcher(PDG Kathy)**



## DG Radha's Message

**DG Radha K. Kaphle**

**Dallas Everest**

### November 2024

#### **Greetings Fellow Lions and Leos,**

As we move into November, I want to extend my heartfelt gratitude to each of you for your tremendous participation in our October activities. Your dedication and teamwork toward the Lions mission have made a significant impact.

#### **2<sup>nd</sup> Cabinet Meeting Overview:**

A special thank you to everyone who attended the **2nd cabinet meeting on October 19th, 2024**. Your energy, engagement, and commitment to service were truly inspiring. The Halloween costume competition was an absolute highlight! Congratulations to the winners in the Most Creative, Spookiest, and Funniest categories. Your creativity and enthusiasm made the event unforgettable.

I would also like to acknowledge the award recipients for their special contributions to Lionism. A big thank you to RC Dr. Nia MacKay for your excellent coordination, including the Guest Speaker, and to Kaufman Lions Club for sponsoring and providing the venue for the meeting.

- During the cabinet meeting, we had the privilege of presenting the **“District Excellence Award”** to **IPDG Prakash Gautam** for his outstanding achievements and leadership in 2023-2024. Additionally, the following district leaders were recognized by IPDG Prakash Gautam:

- “District Excellence Award: PDG Bill Smothermon, PDG Esmeralda Rodriguez, PDG Fred Conger, PDG Vinod Mathur, and GST Virginia Lamb.
- Region Chair Excellence Award (2023-2024): Manuel Palavicini.
- Zone Chair Excellence Award (2023-2024): Nia MacKay, and Joe Kyle.
- Club Excellence Award (2023-2024): Allen Community, Dallas Everest, Dallas Indian, Dallas Trinity Industrial, De Soto, Grand Prairie Host, Irving DFW Indian, Irving Everest Centennial, Kaufman, Lancaster New Centennial, Mabank Cedar Creek Area, Midlothian, Royse City, and Sachse.
- 100% President / 100% Secretary Awards: Sachse Lions Club (Maria Lucero / PDG Billy Ketner) and Dallas Everest (Surya Bhandari / Rudra Khatiwada).

❖ **Special recognition**, received from **LCI President Fabricio Oliveira**, was presented to several Lions leaders for 2024-2025 during the meeting. We also recognized the clubs and leaders with the highest membership growth and service contributions. Congratulations to all for these remarkable achievements, and let's continue to grow our clubs and district.

Congratulations to all!

- I'd also like to thank everyone who participated in the service projects during the cabinet meeting for the “Dry and Canned Foods Drive” and “Eyeglasses Recycling” projects.

### **Membership Status:**

We are proud to report that we have chartered 3 new Lions Clubs and submitted approval for our 4th Club, **Dallas Everest Women's Lions Club**, sponsored by Dallas Everest. We've also chartered 3 Leo Clubs and 2 Cub Clubs, bringing us to a net positive of 165 members till now. This is a great achievement, and I thank all of you for your efforts.

However, some clubs are facing challenges in recruiting new members, while others have experienced a decline. **Retention and engagement remain crucial to our ongoing success.** I encourage all clubs to reach out to prospective members and invite them to join the clubs.

### **Service Activities:**

Thank you to all clubs actively participating in service initiatives. Whether it's local community support or global causes, your contributions are making a difference. However, some clubs are still lagging in reporting:

- 40 clubs are actively reporting, 27 clubs (including Leo Clubs) report occasionally, and 6 Lions Clubs, along with most of the Leo Clubs, have not reported any activities yet.
- Our overall reporting stands at 77%, including Leo Clubs. I strongly encourage all clubs to consistently report their service activities to help showcase the full scope of our impact.

### **Leadership and Training:**

GLT Coordinator PDG Fred has scheduled a series of essential training sessions in November for Club Presidents, Secretaries, and Treasurers who missed the previous ones. These sessions will be conducted via **Zoom (9 am -12 pm)**, so please mark your calendars and participate in these valuable trainings to help you achieve your goals.

- *Treasurer Training: November 2nd, 2024*
- *Secretary Training: November 9th, 2024*
- *President Training: November 16th, 2024*

### **LCIF Participation/ Contribution:**

I'd like to remind everyone about the importance of supporting LCIF (Lions Clubs International Foundation). So far, we've raised \$4,671.32, with contributions from 11 clubs and 5 individuals. Every club and Lion are encouraged to participate, as your donations help fund vital humanitarian projects worldwide.

### **October Participation Recap:**

October was an incredibly busy and fulfilling month. I visited the Ennis Host, Midlothian, Dallas Founder, and Maypearl clubs, participated in a membership drive for Wylie Evening, and joined community events such as the Maybank Cedar Creek Area community event and the "Dinner in the Dark" with Grand Prairie Host, and Sports Extravaganza. I was also involved

in the Dallas Everest Poetic Symposium and Eye Camp, among various other meetings, including charity and executive meetings. The formation of new clubs has been a key focus this month as well.

**Special request to the Zone Chairs:**

Zone Chairs, please frequently communicate with your clubs regarding dues payments, service reporting, membership follow-up, LCIF contributions, and leadership trainings. Additionally, ensure timely planning of your Zone Meetings and submit the corresponding reports promptly.

**Major Upcoming Events:**

- ***"DFW Cyber Lions Club Charter Night": November 4th, 2024 in Coppell.***
- ***"2nd COG Meeting": November 8-9, 2024, San Antonio***
- ***"Officers' Training": November 2, 9, and 16th, 2024***
- ***"Deadline for Club Peace Poster submissions": November 15th, 2024***
- ***"Executive Committee (DG Team) Meeting – Hybrid": November 13th, 2024***
- ***"2nd Membership Roundtable Summit": November 16th, 2024***
- ***"Executive Council Meeting - 2nd VDG": November 20th, 2024***
- ***"3rd Cabinet Meeting & Mid-Winter Conference": January 18th, 2024***

Finally, as we look forward to November, I want to wish you all a very "Happy Thanksgiving and Deepawali/Diwali". May this season bring warmth, joy, and a renewed spirit of service to you and your families.

**Yours in service,**

**DG Radha K. Kaphle**

**rkkafle@yahoo.com**

**Dallas Everest**

*"Serve with Passion, and Lead with Action"*



## **Timalina's Outlook**

Greeting Lions,

A great thanks to the Kaufman Lion Club for hosting our second cabinet meeting. We had a great turnout and a great time with our Halloween competitions. Thank you to everyone who joined and participated.

I am attending many trainings and have a Council of Governors meeting next week where I am hoping to learn more things to make this district even better.

Lastly, I want to remind Zone Chairs and Presidents to keep up with reports and dues. Our district has such strong numbers, but we do not want to fall behind. So please make efforts to keep up the good work!

### **Major Upcoming Events**

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7. "2nd Membership Roundtable Summit": November 16th, 2024
8. "Executive Council Meeting - 2nd VDG": November 20th, 2024
9. "3rd Cabinet Meeting & Mid-Winter Conference": January 18th, 2024

Yours in Lionism,

1st VDG Kedar Timalina  
Dallas Everest Lion Club  
(214)-415-7322  
kedar1234@gmail.com

# GLOBAL MEMBERSHIP APPROACH GMA

District 2-X1, October 30, 2024

*We are on a journey to more service!*

District 2-X1 is participating in Global Membership Approach to maximize our membership thereby maximizing our service to the community. District Governor and his team, the clubs have made membership growth their top priority and all Lions working towards a common goal.



**District 2-X1 Goals for 2024-2025:** Following are the district goals:

- Charter 2 new clubs
- Recruit 300 new members
- Drops to be below 240
- Net membership gain 60
- Serve 200,000 needy people in our community

**Clubs:**

Clubs: 2-X1 has chartered three new clubs 1. 'Dallas Bachimalka' Club with 20 members. 2. Dallas Himalayan Sports and 3. DFW Cyber Club

**2-X1 Membership Status:** (October 30, 2024)

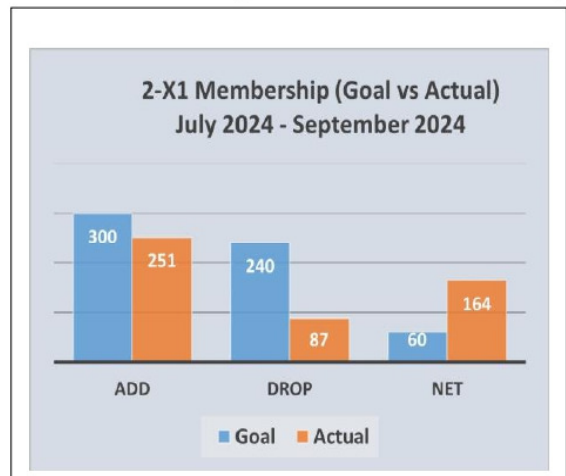
Added members.....	251
Dropped Members.....	87
Gain/Loss.....	164
Closing Balance.....	2,033

<b>MD-2 Membership Status</b>	
Added members.....	1,310
Dropped Members.....	901
Closing Balance.....	21,898
Net Gain/Loss.....	409

2-X1 goals for this year was to recruit 300 new members with the drops limited to 240 for a net membership increase of +60. We have already exceeded in net members to 164. The chart shows the drops have been contained. Our net increase is 164 exceeding the goal of 60. Recommend we readjust our membership goal to reflect our current positive trend from 60 to 120. We have done extremely well in new clubs and member recruitment. District 2-X1 is leading in MD-2 with the highest net growth. Following are top five clubs for net membership growth %.

- Dallas Buddha. ....48%
- GP Host Family...38%
- Dallas Filipino.....26%
- Rowlett.....21%
- UTD Infinity.....20%

**Moving forward** for the year we need to manage member drops. Several members have left in good standing. Clubs need to develop a retention strategy to minimize member drops. 2-X1 has 10 clubs with <10 members. These clubs need to be rejuvenated. 33 clubs with no membership activity through September.



**Service:** In the last four months 2-X1 Lions have served over 208,224 people with 919 service activities dedicating 33,118 volunteer hours. 77% of the clubs have reported their activities on Lions Portal. District 2-X1 is leading in MD-2 with maximum number of people served in our communities. LCI goal is to serve over a Billion people and every service activity needs to be counted to help achieve that goal.

**Leadership Training:** Club officers training was already held in June, including Zone Chairs. Club Officers training for Club President, Secretary and Treasurer was offered in June. Another club officers training will be offered in November.

**LCIF Contributions:** District 2-X1 has collected \$4,671 towards our foundation during this fiscal year. Better club participation is needed to meet our goal.

***Happy Thanksgiving!***

**PDG Vinod Mathur  
2-X1 and MD-2 GMA Coordinator  
Area 1A GMA Leader**



## Esmeralda's Express News

***PDG Esmeralda Rodriguez***

***Grand Prairie Host Lions Cub***

Ph: 972-891-4678 email: [Lionesme01@gmail.com](mailto:Lionesme01@gmail.com)



Our District is #1 in MD2 with +166 new members. Let's Go, Let's Grow!

Congratulations to our lion members that have accepted Lions International Mission 1.5 Challenge and are putting it into action by inviting and asking family members, relatives, neighbors, friends, church friends, business and organization colleagues to join! Way to go lion leaders for helping our district and clubs grow. More lion volunteers recruited means more services are able to offered in our communities!

District 2x1 Lion Medal Special Recognition Presented for recruitment to the following members at our 2nd Cabinet Meeting:

9 members- Sudha Manandhar

8 members- Maryanna Prado

District 2x1 Lion Plaque with silver template earned for recruitment of 5 or more lion members:

9 members-Sudha Manandhar

8 members-Maryanna Prado

7 membersDG Radha Kaphle

6 members-Rajendra Kumwar

5 members-Kedar Baral

Big Thanks to lions clubs with 5 or more new members:

1. Dallas Everest Lions Club 17 new members
2. Dallas Budha14 new members
3. Grand Prairie Host Family Lions Club 11 new members
4. Irving Everest Centennial Lions Club 9 new members
5. Dallas Oak Cliff Lions Club 8 new members
6. Dallas Founders Lions Club 7 new members

Dallas Filipino Lions Club 5 new members

8. Midlothian Lions Club 5 new members

9. Kaufman Lions Club 5 new members

3 new clubs: Dallas Bahimalika; Dallas Himalayan Sports and DFW Cyber

A big challenge is to retain our current membership and not have a big drop of our members by December 31 st . Please check in with our lion members at the club and district level to ensure they are doing okay and getting engaged with service activities

## Esmeralda's Express News

***PDG Esmeralda Rodriguez***

***Grand Prairie Host Lions Cub***

Ph: 972-891-4678 email: [Lionesme01@gmail.com](mailto:Lionesme01@gmail.com)




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### Upcoming Events:

DFW Cyber Club Charter Night-November 4 th @ Crozby Library, Coppel, Texas  
 Training- November 16 th 2 nd Membership Roundtable Summit @ First United Methodist Church from 1pm to 4pm.

Service-We have a 2x1 District food distribution on Sunday, November 17 th in Kemp, Texas and Build a Beds on March 22 nd .

Fundraising-We have Duck Derby Race on December 7 th at 8:30 am at Epic Waters in Grand Prairie, Texas

Social Fun-District 2x1 Christmas Social on December 7 th at 2 pm to 5pm at 207 W. Red Oak Rd. Red Oak, Tx 75154

Spotlight: Dinner in the Dark fundraising event hosted by the Grand Prairie Host Family Lions Club to highlight the dialy realities faced by persons who are blind, have low vision, "Dinner in the Dark" was created to educate guests on the challenges of navigating a meal without sight, as well as serve as an experience to raise awareness that persons with disabilities can live productive lives. Author and motivational speaker Lion Blake Lindsay presented a great speech with a positive message during the evening to guests. The participants got to enjoy entertainment by DJ President Lion Vanessa Lambright from Grand Prairie Host Lions Club and youth with special needs did great performances with dancing, singing and playing music. The club raised \$6,000 for PlayGrand Adventures Sensory Art Wall Matching Grant and club charities.

Respectfully Submitted,

2x1 GMT Chair Lion Esmeralda Rodriguez

972-891-4678

[Lionesme01@gmail.com](mailto:Lionesme01@gmail.com)



***Fred's Findings***  
***PDG Fred Conger***  
***Coppell Lions Club***



[fred.conger@verizon.net](mailto:fred.conger@verizon.net)

***Helo District 2-X1 Clubs***

One of our District 2-X1 goals, established by District Governor Radha and the District 2-X1 Leadership Team, is the percentage of Lions Club Officers who will take advantage of opportunities to improve their skill level through training. The goal for percentage of Club Presidents, Club Secretaries, and Club Treasurers has been set at 65%.

**As of today, 54.4% of Club Presidents, 49.25% of Club Secretaries, and 45.45% of Club Treasurers have taken advantage of one of the previous training opportunities for this Lion year.**

Clubs run smoother and have fewer issues if their officers know what they should be doing. That is covered by training offered by the District Global Leadership team. Most of the individual club “problems” and “issues” can be attributed to a lack of officer training or not asking district leadership members for help or guidance.

In November, the Global Leadership Team offer Zoom-based training opportunities for these three officer positions. November 2<sup>nd</sup> will be Treasurer training, November 9<sup>th</sup> will be Secretary training, and November 16<sup>th</sup> will be President training. Each session will run from 9:00 am to noon. An email has been sent to each of these officers who have yet to receive training for this year. It includes the Zoom link to the training.

If your club President, Secretary, and/or Treasurer has not received training for this Lion year, ask them to take advantage of this opportunity. **Failure of any of these officers to receive training eliminates your club from receiving LCI's Club Excellence Award for this Lion Year.**

Club Excellence is the essence of what every Lions Club should be doing to support their community. Our Motto “We Serve” means that we serve others. And each requirement listed on the Club Excellence Award Application helps clubs be better prepared to accomplish and increase their service.

**Need info about Lions? Need help with the Lions Portal? Need an informational presentation or one on one help? Contact me, I will be happy to assist you.**

PDG Fred Conger

214-274-4490



## Diabetes Awareness & Wellness Now (DAWN)

### COMMUNITY WELLNESS & DIABETES EXPO

When: Saturday, November 16, 2024

Time : 10 AM—2 PM

Where: City of Irving, Georgia Farrow Rec Center  
530 Davis Dr, Irving, TX 75061

For more information contact:

Lion Gloria Mathur, Project Coordinator  
District 2-X1 972.896.9953

#### FEATURING:

##### Free Health Screenings:

- A1c testing
- Blood Pressure
- BMI Check
- Kidney Function
- Physical Fitness
- Vision Screening
- (Massage Therapy, Zumba, Yoga)

##### Free Flu Shots (limited supply)

- Free bag of fresh farm produce to those screened

**Exhibitors:** UT Southwest Medical Center, American Diabetes Association, Carter BloodCare, National Kidney Foundation, Oak Cliff Veggie Project, Asian Breast Health Outreach, Walmart MEED Center, DAWN Project and more.

**UTSouthwestern**  
Medical Center





## Striding for Healthy Living

MD-2 Lions of Texas invites you to participate on a virtual stride ( walk, run, bike, dance, swim and etc, ) at your leisure and place, in observance of the World Diabetes Day ( Nov. 14<sup>th</sup> and November as World Diabetes Month ).

Due to the success of this event last year, we are continuing the virtual “Striding for Healthy Living” Program.

Many of us have taken advantage of the COVID shutdowns to walk, run, bike, dance,swim etc, as a way to get out of the house and exercise, so we are encouraging Lions to exercise during the month and to keep track of the exercise/s of their choice. We want to encourage and involve our communities to exercise as a means of creating healthy living, and one of the controlling factors that can reduce your risk in developing Type 2 Diabetes. This is a great way to support Diabetes Awareness and get the much needed exercise .

Starting in November , we are asking Lions to record how far you walk, run, bike or dance for a month. **JUST DO WHAT YOU DO, BUT RECORD IT!!** If you do it with your spouse, children, or friends, include them as well. Lions should report their results no later than December 31 to their Lions Club Sec. or Diabetes Chair, who should collect the results and report them to your District Diabetes Awareness Chair. Let’s challenge what we have done last year! Please note new member/s recruited this time as a result of this initiative.

Participating Clubs will be noted in the District Newsletter, and recognition will be given to most miles walk, run and or bike on a per-Club basis, highest average miles per participant on a per-Club basis, and highest average miles per Lion on a per-Club basis. District winners will be announced at the Mid Winter Conference Jan. 2025 and will automatically compete for the state. Winners for the MD2 will be announced at the Feb. 2025 CoG meeting in Kerrville, TX.

If you have any questions, please contact your District Diabetes Awareness Chair OR

Lion Gloria Mathur  
MD 2 Chair Diabetes Awareness  
972-896-9953  
gmathur120@gmail.com

### Striding for Healthy Living

Please report the following (and address questions) to your District Diabetes Chair by December 31, 2024

1. Name of Club: \_\_\_\_\_
2. Number of Club Members participating: \_\_\_\_\_
3. Number of total participants (including non-Lions): \_\_\_\_\_
4. Total miles (Club \_\_\_\_\_ ) for each of the categories and Participant’s Name of the highest # of miles for each categories
 

a. Walking	_____	d. Swimming	_____
b. Running	_____	e. Dancing	_____
c. Biking	_____	f. Pickle Ball	_____

Number of new member/s recruited \_\_\_\_\_

**If you have any questions , please contact your District Diabetes Awareness Chair or Lion Gloria Mathur- MD-2 Chair of Diabetes Awareness - Ph: 972-896-9953 (c) Email: gmathur120@gmail.com**

## Eye Clinic for El Centro College Students: A Two-Day Collaborative Project between two Lions Clubs and S2S

Lion Dr. Nia MacKay

Dallas Founder Lions Club, Collin Athena Alliance Lions Club (CAALC) and El Centro College's employees and students base organization, Sister-to-Sister (S2S) collaborated to provide a free eye clinic for ECC students and staff on Monday and Tuesday, Oct. 14 and 15, 2024 from 9 AM to 12 PM at the ECC downtown campus's main entrance rotunda at 801 Main Street, Dallas, TX 75202. Capped at 50 people being screened, a grand total of 42 were prescribed eyeglasses by Dr. Toni Schutte. They will receive their new eyeglasses at this location within 2-3 weeks.

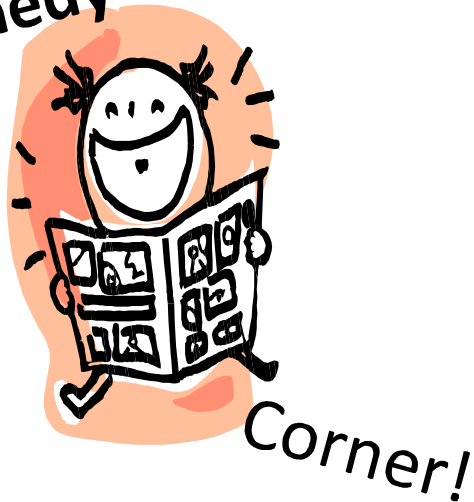
This program was made possible partly by the Dallas Founder's and CAALC charities fund which paid for the bus and doctor for the two-day services, and the S2S program, which funded the eyeglasses themselves. The debut of the program went very well and we hope to offer it again in the future.

Special thanks to all of our volunteers from Dallas Founder (Lions *Maggie Lopez, Matthew Williams, Rollin Gary, Ani MacKay, Carol Donovan, Jeff Stratter, Jean Ball, Cheri Ball-Meza, PDG Keith Murray, PDG Darla Wisdom, Vitaly Lunev, Tatyana Bringle, and Nia MacKay*) and from CAALC (Lions *Alina Kamacharya and Kanchan Busnet*), as well as Lion Maggie's assistants (*Blanca Rodriguez and Crystal Huerta*) who staffed the program on either or both days. We commended Lion *Rollin Gary* (Dallas Founer LC), for successfully drive the Neil Roach Mobile Eye Clinic from Waxahachie to downtown Dallas (and back) for the first time, and served as refractometer operator in the bus after being trained by Lion *Carol*.

To see more pictures from this and other programs, please visit, like, and follow 'Dallas Founder Lions Club' Facebook page [here](#).



Comedy



*How does NASA organize a company party? They planet.*

If you have an item for the *Lions Link*, please email it to:

**biu101@yahoo.com**

**no later than 20th of the month  
inclusion in the next edition!**

Don't Miss the

**DEADLINE!**

**Visit Lions Clubs  
International online @  
lionsclubs.org**



**texaslions.org**

**www.lions2-x1.org**

## Lions Code of Ethics

**TO SHOW** my faith in the worthiness of my vocation by industrious application to the end that I may merit a reputation for quality of service.

**TO SEEK** success and demand all fair remuneration or profit as my just due, but to accept no profit or success at the price of my own self-respect lost because of unfair advantage taken or because of questionable acts on my part.

**TO REMEMBER** that in building up my business it is not necessary to tear down another's; to be loyal to my clients or customers and true to myself.

**WHENEVER** a doubt arises as to the right or ethics of my position or action towards others, to resolve such doubt against myself.

**TO HOLD** friendship as an end and not a means. To hold that true friendship exists not on account of the service performed by one to another, but that true friendship demands nothing but accepts service in the spirit in which it is given.

**ALWAYS** to bear in mind my obligations as a citizen to my nation, my state and my community, and to give them my unswerving loyalty in word, act and deed. To give them freely of my time, labor and means.

**TO AID** others by giving my sympathy to those in distress, my aid to the weak, my substance to the needy.

**TO BE CAREFUL** with my criticism and liberal with my praise, to build up and not destroy.