

REPORT FROM DIABETES AWARENESS CHAIR

Reported by: Lion Gloria Mathur

Oct. 19, 2024 2nd Cabinet meeting

Chair to Continue presenting Diabetes Awareness Education to Lions Clubs when requested .
Presented DAWN project at Irving Noon Day LC Aug. 7, 2024

- I. DAWN (Diabetes, Awareness & Wellness Now) – update
 - . Eventho the grant was finished , due to the demand from communities, we are continuing the DAWN project and provide the services with other sources of funding. Sent a proposal for funding to District charities . We are planning to have 2-3 events including the Diabetes EXPO this year and 2 in 2025.
 - Oct. 5, 2024 – we have 35 screened for a1c, Kidney function test, Blood Pressure and BMI check
People screened received a bag of farm produce. This was at Irving locatin
 - Oct. 11, 2024 - There were 30 people signed up however 40 were screened for A1c, kidney function test, blood pressure & BMI check. 22 received flu vaccination provided by Walmart. 40 bag of farm produce were given to those that were screened and received flu vaccination

 - Nov. 17th (Sat) – Will be the Diabetes EXPO . It will be at Georgia Farrow Rec Center in Irving . TX. The EXPO will feature Free Flu shot A1c test, Kidney Function Test (ACR) Blood Pressure , BMI check, vision screening and more. Several health and wellness resources will have their display booth as well.. The goal is to have as many health and wellness resources so we can better support our community & the health & wellbeing of everyone. Free bag of farm produce will be given to those that are screened .

2. Diabetes Stride
 - Again we will be doing Diabetes Stride with MD-2 –“ Striding for Healthy Living “. It’s a virtual stride “ On Your Own “ i.e. at your own pace, place in observance of World Diabetes Day (Nov.14th and diabetes Awareness month . This is a great way to support Diabetes Awareness and get the much needed exercise we all need. Attached is the flyer. The stride is open to all clubs in the district as a contest beginning Nov. 1st to Nov. 30th. Instruction/information to join the stride is on the flyer. (See attached flyer)

3. Diabetes Wellness & Beyond Webinar Series
 - The Diabetes Wellness and Beyond Webinar Series is a free monthly webinar widely participated and viewed by Lions worldwide. The webinars are not only focused on Diabetes but also around the 5 global areas of need, (ie. Diabetes, vision, hunger, childhood cancer, environment) and “Beyond” encompasses, humanitarianism, Youth, Disaster Alert, volunteerism and lionism.

Upcoming Webinar:

Oct. 24, 2024 Thursday 12N – 1:00pm

Topic: Pediatric Eye Diseases

Speaker: Guneet Mann, MD

Associate Professor

Dept. of Ophthalmology

UT Health San Antonio

Visit our website at <https://texaslions.org/diabetes/> often for updates , upcoming events & Recordings.

Report submitted by Lion Gloria Mathur (Chair Diabetes Awareness October 19, 2024)