

## REPORT FROM DIABETES AWARENESS CHAIR

Reported by: Lion Gloria Mathur

March 9, 2024 4th Cabinet meeting

### Chair Report

Chair to Continue presenting Diabetes Awareness Education to Lions Clubs when requested .

Virtual diabetes stride – with MD2 –“ Striding for Healthy Living. “ . It’s a virtual stride – “ On your Own “ ie at your leisure and place in observance of World Diabetes day ( Nov. 14<sup>th</sup> ) and diabetes awareness month . Names of the winners from the district in each category were entered for the MD-2 stride contest . Winners were announced and awards were presented at the CoG meeting in Kerrville Feb. 3rd.

Five districts , 17 clubs participated. Here are the **1<sup>st</sup> place winners (MD-2)**:

Most miles – Physical activity ( District ) - District 2-S3

Most miles/ most participants per club – Lago Vista LC District 2S3

**Most miles walk - Lion Anisa MacKay - District 2-X1**

**Most miles Run – Lion Anisa MacKay - District 2x1**

Most miles Bike ( cycling ) – Lion John Pollack District 2E2

Most miles -mixed physical activity – Lion Kelley Haley – Pearland Silverlake LC ; District 2S4

Congratulations to the all !

- DAWN ( Diabetes, Awareness & Wellness Now ) –  
The LCIF grant for the DAWN project has completed and final report was submitted last Jan. 2024 to LCIF. Thanks to LCIF for making this possible .

With the DAWN project we gained visibility & credibility throughout our communities and District . We are seen, heard and recognized of what we do as Lions and who we are.

We are making impact on health, wellness & welfare in our communities. Other organizations extend invitation to DAWN project to partake on their events. Because of this and due to the demands from the communities , we are continuing the DAWN project and provide the services with other sources of funding.

The success of the DAWN project would not have been achieved without the support and contribution from the 15 participating clubs of District 2X1. ( Dallas Filipino, Oakcliff LC, Garland Evening, Coppell LC, Plano Evening, Grand Prairie Host, Duncanville LC, Midlothian LC, Lancaster LC, Dallas South LC, Dallas Founder, Red Oak LC, Ennis LC, Trinity Industrial, Dallas Indian LC). These participating clubs collaborative efforts contributed immensely to the seamless execution of our events.

Volunteers from these clubs as well as Dallas Bangladeshi LC, Plano Collins Nepali LC, Dallas Everest Centennial, Irving Noonday, played a significant role in making the events remarkably successful.

- The Diabetes Wellness and Beyond Webinar Series is a free monthly webinar widely participated and viewed by Lions worldwide .

These free webinars are posted on the MD2 website and posted on the website of LCI.

**Please visit MD2 webpage for updates and upcoming events**

<https://texaslions.org/diabetes/>

**Upcoming webinar:**

Thursday, March 28, 2024 – 12noon-1:00pm CST

Title : Breakthrough in Pediatric Cancer Treatment

Speaker: Victor Aquino MD

Professor Pediatric Hematology & Oncology

UT Southwestern School of Medicine

Report submitted by Lion Gloria Mathur 3-7-2024

Chair Diabetes Awareness