

## **REPORT FROM DIABETES AWARENESS CHAIR**

**Reported by: Lion Gloria Mathur**

**Oct. 28, 2023 2nd Cabinet meeting**

Chair to Continue presenting Diabetes Awareness Education to Lions Clubs when requested .

DAWN ( Diabetes, Awareness & Wellness Now ) – Current Status:

Aug. 12<sup>th</sup> screening event was conducted at Georgia Farrow Rec. Center in Irving . Thus far, the DAWN event have been very successful and meaningful. We continue to deliver and increase our reach to those in need. Every event so far has increased attendance and screenings. We have partnered also with another organization and doing additional screens that adds up to the value of the project .

Diabetes EXPO , community Health & Diabetes Screening (DAWN) will be on Nov. 18, 2023 From 10am – 2pm . ( See attached flyer )

The EXPO will feature Free Flu shot and COVID 19 vaccination, A1c test, Kidney Function Test ( ACR) Blood Pressure , BMI check, vision screening and more. Several health and wellness resources will have their display booth as well.. The goal is to have as many health and wellness resources so we can better support our community & the health & wellbeing of everyone. Free bag of farm produce will be given to those that are screened . This will also be final DAWN event.

- Again we will be doing Diabetes Stride with MD-2 –“ Striding for Healthy Living “. It’s a virtual stride “ On Your Own “ i.e. at your own pace, place in observance of World Diabetes Day ( Nov.14<sup>th</sup> and diabetes Awareness month . This is a great way to support Diabetes Awareness and get the much needed exercise we all need. Attached is the flyer. The stride is open to all clubs in the district as a contest beginning Nov. 1<sup>st</sup> to Nov. 30<sup>th</sup>. Instruction/information to join the stride is on the flyer. ( See attached flyer )
- The Diabetes Wellness and Beyond Webinar Series is a free monthly webinar widely participated and viewed by Lions worldwide. The webinars are not only focused on Diabetes but also around the 5 global areas of need, (ie. Diabetes, vision, hunger, childhood cancer, environment) and “Beyond” encompasses, humanitarianism, Youth, Disaster Alert, volunteerism and lionism.

Upcoming Webinar:

Oct. 26, 2023 Thursday 12N – 1:00pm

Topic: Hunger Crisis Locally and Around the World

Speaker: Gilbert Montez

President/CEO Christian Community Action.

Visit our website at <https://texaslions.org/diabetes/> often for updates , upcoming events & Recordings.

Report submitted by Lion Gloria Mathur ( Chair Diabetes Awareness October 21, 2023)

