

## **REPORT FROM DIABETES AWARENESS CHAIR**

**Reported by: Lion Gloria Mathur**

**Oct. 20, 2022, 2<sup>nd</sup> Cabinet meeting**

### **Chair Report**

- Chair to Continue presenting Diabetes Awareness Education to Lions Clubs when requested . Presented Diabetes Awareness Education
- DAWN ( Diabetes, Awareness & Wellness Now ) – The main goal of the project is to increase awareness through access to education, information and care for people with diabetes and those at risk of developing the disease especially to LMI ( Low to Moderate Income families ), uninsured and refugees in the community. The project was made possible by a grant from LCIF in the amount of \$10,000 and \$3334 matching funds was raised by participating clubs. Fifteen clubs are participating in this project. This collaborative project is in partnership with Baylor Scott & White Health & Wellness Center at their facilities in various location ( South Dallas Irving and Grand Prairie areas ). featuring Community Wellness and Diabetes Screenings & testing to LMI and underserved population who do not have access to care. Featured screenings are done by Baylor skilled staff include ( A1C testing & general lab. Tests, Vascular screening (Blood Pressure check & BMI measurements), Kidney Function test, Diabetes & Nutrition workshop). Apart from these screenings , free bag of fresh farm produce from the farm produce stands are given to the participants. Vision screenings are done by participating 15 Lions clubs in the project, ( Dallas Filipino, Plano Evening, Garland Evening, Duncanville, Dallas South, Grand Prairie Host, Coppell, Dallas Trinity Industrial, Dallas Oakcliff, Red Oak, Dallas Indian, Midlothian, Lancaster, Ennis, Dallas Founder ). About 4-5 clubs participate in each event. There are 10 scheduled events until Aug. 2023.

Current Status: Thus far, 5 screening events have been conducted at BSWHW Center in South Dallas and Irving and have been successful and meaningful. We continue to deliver and increase our reach to those in need. Every event so far has increased attendance and screenings. We have partnered also with another organization and doing additional screens that adds up to the value of the project .

- Diabetes EXPO is planned in conjunction with the DAWN Community Wellness and Diabetes Screening event on Nov. 12<sup>th</sup> in observance for Diabetes World Day and Diabetes awareness month. ( see attached flyer ).
- Again, we will be doing diabetes stride – with MD2 –“ Striding for Healthy Living. “ . It’s a virtual stride – “ On your Own “ ie at your leisure and place in observance of World Diabetes day ( Nov. 14<sup>th</sup> ) and diabetes awareness month . This is a great way to support Diabetes Awareness and get the much needed exercise during this pandemic. Flyer will be posted on the LINK newsletter. (see Attachment )

- The Diabetes Wellness and Beyond Webinar Series is a free monthly webinar widely participated and viewed by Lions worldwide . We received lots of great and positive comments from LCI regarding our “ Diabetes Wellness And Beyond “ webinars. The webinars are not only focused on Diabetes but also around the 5 global areas of need, (ie. Diabetes, vision hunger, childhood cancer, environment) and “Beyond” encompasses, humanitarianism, volunteerism and lionism.

These free webinars are posted on the MD2 website and posted on the website of LCI. LCI is using this webinar series as a model by LCI Program Development Department. Webinars are recorded especially for those countries who are unable watch the live presentation due to time difference. However, these webinars have proved to be of valuable resource for many to reference. **However , as a disclaimer, please acknowledge the source if using any part of the content of the webinar.** Its been in used by the Medical Exlorers for their medical missions as part of their continuing education credits.

Our next webinar is on :

Oct 20, 2022 – Why Vision Matters in Children 12 – 1pm CST

Speaker : Ujwala Saboo, MD

Assistant Professor Pediatric Ophthalmology and Adult strabismus

Dept. of Ophthalmology, UTHSCSA

#### **Upcoming webinars:**

The next webinar is on Nov. 29<sup>th</sup> Tuesday 12N – 1:00pm .Speaker is Dr. Ralph DeFronzo.

**Report Submitted by:**

**Lions Gloria Mathur**

**Chair Diabetes Awareness**

**District 2-X1**

**10-20-22**