



DISTRICT 2-X1 LIONS CLUBS



2022-2023 Diabetes Awareness Essay Contest Rules

Essay Subject:

This annual contest is to give an opportunity to student participants to research, organize, and present perspective on a given topic related to Diabetes. The contest emphasizes on new ideas, understanding and dissecting social and individual issues associated with the condition. Contestant have the opportunity to win scholarship fund for college.

This year topic is “**Diabetes, Know Your Number, Complications, Treatments and Healthy Living**”.” In this essay, contestants should research and write about alternative ways physicians test for prediabetes, identify the different types of diabetes, include some of the health complications caused by diabetes, identify medical treatments and lifestyle changes individuals may undertake to help them manage diabetes. Contestants are encouraged to include any contestant led activities and information in their essay.

Basic Rules and Qualifications (Eligibility)

- Contestant **must** be sponsored by a Lions Club from District 2-X1
- Application fee is **\$100 per contestant**, provided by the sponsoring Lions Club, payable to ‘**2-x1 Charities Inc.**’
- A false statement on the entry application or associated document causes disqualification with the entry fee being forfeited. There shall be no refund on any entry fee.
- A contestant can apply for multiple contests at both District 2X1 and MD-2 state LOFY contest.
- Contestant **must** be Junior or Senior high school enrolled in a secondary educational institution (public or private school) or comparable educational program in District 2X1
- The title of the contestant’s essay doesn’t have to be the same as the subject for the essay, however, the essay should analyze the problem given in the subject and present a solution or solutions to the problem
- The essay should not exceed 1,500 words, exclude cited bibliography.
- Award and monetary award (TBD) will be given to 1st and 2nd place winners
- Only the First place winner will advance to participate in the State level competition to be held on line on May 6, 2023 .

Responsibility of the Contestants

- Each contestant **shall** submit the following to the sponsoring Lions Club, all in the application packet :- Completed District 2X1 Contest Application , can be found on this link:
<https://lionsdistrict2X1.org/forms/>
- Four (4) copies of typed, double-spaced essay, including Bibliography. Essay changes are not permitted once received by the District Contest Coordinator
- Two (2) high quality wallet size/passport photographs , , head and shoulder, glossy and in color. Photos not meeting this requirement will not be included in the contest souvenir booklet.
- Signed copy of Code of Conduct* and Chaperone Guidelines*.
- Signed Medical Power of Attorney* designating contestants Chaperones as Primary Responsible Party* and the State Contest chair as the Secondary Responsible Party.
- Failure to send **ALL** items above will result in **disqualification**

- **All contestants must be able to participate in the contest using online live audio and video communication via ZOOM on Saturday March 25, 2023 starting at 9:00 AM**
- * **Copies of State’s LOFY contest rules/ forms are available at MD-2 website at : <https://texaslions.org/diabetesessay-contest/>**
- **Prior to the contest, contestants and club sponsors will be provided with additional instruction for the on-line contest to be use by the contest chair.**

Responsibility of the Sponsoring Club:

- Where do we find contestant(s)?
 - School principals, counselors, and/or Science/English teachers.
 - Youth Groups and Youth Programs.
 - Family, friends or colleague
- Application fee is **\$100 per contestant**, provided by the sponsoring Lions Club, payable to ‘**2-x1 Charities Inc**
- Sponsoring Club must ensure **all** documents listed above (see Responsibility of the Contestant documents) are completed and signed for each contestant to be sent to the Contest Chair listed in the Contest Rules (last Page).
- Deadline post mark will be Wednesday Mar. 1, 2023**
- Complete the “Contestant Checklist “ and place it on top of the completed application packet.
- At the State level contest, chaperone/sponsoring Club must comply with the requirements set forth in the MD-2 Texas Lions LOFY contest Chaperone Guidelines

Contest Rules

- The Title of the Contestant's essay is not required to be the same as the Subject for the essay. Contestants should be creative in the selection of an essay title and set the tone for their presentation with the title they choose.
- The essay should analyze the problem given in the subject and present a solution or solutions to the problem.
- The topic is broad and allows the contestants considerable leeway in the selection of their solution or solutions.
- Creative, innovative, practical and reasonable ideas are welcome.
- Each Contestant shall personally research, write and read his/her contest essay.
- Research for this topic can be conducted by interviewing physicians, nurses, medical professionals, community organizations and by using the internet and library. *The essay shall be a written article, to be read by the Contestant, to be judged by a panel of judges in competition with other Contestants.*
- The essay shall not exceed 1500 words.
 - All words in the essay are counted including articles, conjunctives and pronouns. Examples: "I," "a," "the," "and" and "an." Provide word count on last page of essay.
 - The essay must include a bibliography of alphabetized sources used in its composition. Note: the bibliography is not included in the 1500 word count.
 - Essay should be typed in double space format
- Criteria for judging
 - Sixty percent (60%) –based on the authenticity, current information and an application of the assigned essay topic
 - Twenty five percent (25%) understandability of the essay through presentation techniques
 - Fifteen percent (15%) grammar, spelling, sentence structure, pronunciation, enunciation, correct word usage and relationship to the assigned essay topic

Awards:

- Certificate will be awarded to all participants. Scholarship award (TBD) will be given to 1st and 2nd place winners
- When there is only one applicant, no monetary award will be given, however applicant will be eligible to move forward to the State level contest.
- To collect District scholarship award, the contestant winner must send a request to 2X1 Charities Inc. Treasurer via email with proof of registration information from the university/college or educational institution the contestant winner is enrolling along with any supplemental information needed by the institution.
- Scholarship award will be paid by 2X1 Charities Inc, directly to the designated bursars office.
- The scholarship award must be collected no later than two years following the recipients graduation from High school.
- **Send request payment to:**
Treasurer, 2X1 Charities Inc
Danny Fletcher
705 Windmill St.
Josephine, TX. 75189
Ph: (214) – 662-4549
E-mail: heavybelly2@aol.com

ONLINE CONTEST: Basic Guidelines

The following are some basic guidelines for the online contest. Prior to the Contest, Contestants and their Club sponsors will be provided with additional instruction for the online contests to be used by the LOFY Chair.

- i. Contestants must have a computer or access to a computer with a wi-fi connection, video capability (webcam) and microphone to ensure that contestants' gestures and facial expressions will be captured by their camera and their voice will be clearly captured by the microphone while delivering their essay or speech.
- ii. Contestants will be sent an email invitation by the Diabetes Awareness Essay Chair and/or LOFY Chair to participate in the contest and be ready at their designated time.
- iii. Contestants must wear business attire for the online contest.
- iv. Contestants' speaking area must be free of distractions, noise and if necessary, the LOFY Chair will advise contestants on additional lighting needs.
- v. Contestants' speaking area should allow for maximum view of contestants without sacrificing audio quality while presenting his or her essay or speech.
- vi. Once a contestant presents their essay or speech, he or she may be placed in a waiting room until the conclusion of the contest.
- vii. After the conclusion of the contest and the results have been determined, all contestants will be readmitted to rejoin the online contest room, at which time the winners will be announced by the LOFY Contest chairs.
- viii. First Place Winner will read his or her essay or speech in person at **District 2X1 Convention on Saturday, April 15, 2023 at Hyatt Regency, Richardson, TX** and will go to State level contest.
- ix. All contestants will be recognized and receive a certificate of participation. In addition to scholarship awards, winning contestants will receive an award and a winner's certificate.
- x. If technology fails during the contest and the LOFY Contest Chair determines that the contest can no longer continue, the LOFY Contest Chair may pause the contest until the technology issue is resolved. A contestant may resume their speech or essay at the point at which the technology failed.
- xi. All contests will be conducted in English language
- xii. Judges will be persons who are knowledgeable of the subject

Important dates:

District 2X1- LOFY

- Mar. 1, 2023- Submission deadline for the Essay.
- Mar. 15, 2023- Essays sent to judges
- Mar. 25, 2023– Essay presentation judging done by ZOOM.
- April 14, 2023 - Winner announcement and Essay Presentation at the District 2-X1 Convention, Hyatt Regency Richardson, TX

MD-2 Lions of Texas LOFY

- Deadline to postmark all applications for the State LOFY Contests – April 17, 2023
- Sat. May 6, 2023 – MD -2 LOFY State Contest (On Line)
- Saturday May 20, 2023 Saturday MD-2 Convention – LOFY State first place winners presents winning essay, speech at the LOFY luncheon in Fort Worth , TX

For more information please contact: District 2X1 Chair of Diabetes Awareness Essay Contest

**Lion Gloria Mathur
8705 Baltusrol Dr.
Flower Mound, TX 75022**

Email: gmathur120@gmail.com

Ph: (972) 896-9953

Submit completed application, all required documents, and payment (check payable to ‘2X1 Charities’), to Lion Gloria’s address above.